



*We are each a part of God
experiencing life in each moment*

We are God's In-formation

God as we've been taught is a concept. We're told we cannot see God or feel or touch "him". This idea is limiting because it says that there is something that God is not.

If God created everything that exists, there is no thing that is not God.

To experience God we must go deep within ourselves. Deep because all that we've known acts like layers over the core, and this core is where everything is known. It is the reality of who we are and everything outside of this core is an illusion. But the illusion must exist because to know God we must first know what is not God. And the only way to know what is not God is to create an illusion because there is nothing that God is not.

This journey to knowing grows out of the frustrations we encounter in our being. We know when something is not right and that is when we try to change our reality. We say to ourselves "my life is not working, or this way of thinking or being is not serving my highest good".

Just as we've created the idea of a devil to fill the space that we feel God is not, so too do we sometimes act in ways and think of ourselves in a manner inconsistent with who we really are.

We are God's information.

By allowing ourselves to act how we think God would act we begin to experience the spark of light that can encompass all of our being. In each experience as we see ourselves as God we also see our experiences and all the people in our lives as God. Like a well precisioned team we see all that occurs as a formation of the divine experience of life. We see the people we meet as being on their own journey, as parts of God experiencing life in their own way in each moment.

We know when there is an imbalance in our lives and experience this as sadness, guilt, shame or any of the so-called negative emotions we try so hard to avoid. But we find that what we resist will and does persist.



Avoidance blocks us from embracing our experiences as an opportunity to allow our true nature to manifest itself as joy, love and wonder at the beauty of life. Avoidance keeps us focused on our difficulties and what we do not have in our lives, and by focusing on our difficulties we create more of the same things we do not wish to experience.

We are always creating.

We may think that others are causing difficulties in our lives but they are on their own path of creation. How we feel about another's actions is based on how much we believe in our own power of creation. We decide how to respond based on our own level of belief in the amount of energy we have to live a life of our own choosing. Another person does not cause us to act in a certain way. We decide how to respond to any action based on our internal thoughts about ourselves.

Free will, the ability to make choices is the most magnificent tool we've been given. Even when we believe we do not have a choice and allow life to make choices for us we are exercising our free will. Remember, not making a decision is a decision.

So, listen for the voice of your divinity, it is always speaking to you. We experience our inner divine voice as a feeling and when we listen this magnificent guide will show us the God within. It will guide us in ways we can barely imagine to a life of wonder and joy in each and every moment. Joy is part our true being and even when we do not feel joy know that this negative feeling is showing us that our thinking is focused on our being less than who we really are.

We are Gods In-formation, and even a minute acceptance of this brings with it the confidence that there is nothing we cannot do, nothing we cannot have, nothing we cannot be. In fact this belief gives us the power to create anything we desire.

Be aware of the awesome power you have in each moment, intend the best and witness the formation of your experiences in alignment with your intention. Live the life of your choosing and know that as Gods in formation, life has no choice but to align itself with your intention and create what you desire from the thoughts you hold most dear.

Joy is part of our true being