



# The Illusion of Fear

*We've all heard about the end of the world as we know it, and we feel fear. Fear is the most effective tool used to try and get us to accept others as our guide and salvation.*

*"The End" means life ending as we know it but this life is an illusion. Our "lives" are based on what we perceive as reality.*

We are divine beings and anything else is an illusion.

One of the major illusions that we live by is that we are separate from each other, therefore it is okay to treat each other without respect and even kill each other. You and I are one.

If I do something to someone I must first do it to myself, and while it may not be physical it is just as real. There is no difference between what we call reality and our imagination.

We are separate from no one or no thing, for is not the observer and the observed connected and even changed just by the observation? I can only affect what I am aware of, and as I increase my awareness I increase my connection to LIFE, or all that is.

*Life's Illusions end when we know we are already complete.*

Your life is a testament to your beliefs, your beliefs affect your thoughts, and your thoughts determine your actions. The awareness of your connectedness is the most life affirming, liberating force you can introduce in your life. When you feel 'lost' know that it is your thoughts of separation that creates within you the feeling called 'lost'.

How can you be lost when wherever you go there you are?

You are already all that you need to be. You are a part of *all that is* and if you look closely enough you will see that within you lies all the answers and power needed to create your own life experiences.



So good or bad thank God. As you transcend the pain you feel in life, you realize that pain is an illusion. The illusion is the meaning you give to your experiences that in anyway suggests that you are not enough, or not deserving.

Give thanks for the end of the illusion and embrace the power within to see the truth. Feeling there is something missing in life is an illusion, because all that you desire is within you.

When something happens that you are not happy with, go within and listen to your spirit's voice. It speaks to you through your feelings. Resist not and allow your divinity to shatter the illusion that there is anything you need in life. When you are aware of your feelings, you are being guided to accepting life as it is presented and peace follows.

Your illusions are based on fear, and all fears are based on separateness. Rejoice in the accomplishment of others, and know that their part in your life is to show, and allow you witness and experience what you may feel is not in your life.

We are all one with each other and with God. Thank God for its presence in your life and ultimately for life itself. God is life, God is love, and you are part of this wondrous expression of creation.

***Know that your true self is divine and any contrary feeling is an illusion and not who you truly are.***